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Little Words to Change Your Results

*Releasing Old Patterns
& Moving Forward
with 3 Short Phrases*

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*We must be willing
to let go
of the life we have planned,
so as to have
the life that is waiting for us.*

- E. M. Forster





*It is not fair to ask of others
what you are not willing
to do yourself.*

- Eleanor Roosevelt





Knowing is not enough;

we must apply.

Willing is not enough;

we must do.

- Johann Wolfgang von Goethe





*If you're walking down
the right path and you're willing
to keep walking, eventually
you'll make progress.*

- Barack Obama





*You must feed your mind
with reading material, thoughts,
and ideas that open you
to new possibilities.*

- Oprah Winfrey





Thoughts become things.

Choose the good ones.

- Mike Dooley





*Change your thoughts
and change your world.*

- Norman Vincent Peale





*Don't wait for something
big to occur.
Start where you are...
with what you have,
and that will always lead you
into something greater.*

- Mary Morrissey





*Trust yourself.
Create the kind of self that you
will be happy to live
with all your life.
Make the most of yourself by
fanning the tiny,
inner sparks of possibility
into flames of achievement.*

- Golda Meir





*“Forgive yourself
for your faults
and your mistakes
and move on.”*

- Les Brown





*It is not enough to understand,
or to see clearly.*

*The future will be shaped
in the arena of human activity,
by those willing to commit their
minds and their bodies to the task.*

- Robert Kennedy





*“No amount of security
is worth the suffering
of a mediocre life chained
to a routine that has
killed your dreams.”*

- Maya Mendoza





*The person who goes farthest
is generally the one
who is willing to do and dare.
The sure-thing boat
never gets far from shore.*

- Dale Carnegie





*Those that I admire and look up to
are mirrors
unto my own magnificence.*

- Gary Simmons, Th. D.





*Gratitude makes sense
of our past,
brings peace for today,
and creates a vision for tomorrow.*

- Melody Beattie





*Success is consistently doing what you
said you would do with clarity,
focus, ease, and grace.*

Success, seen this way, is an inside job.

*You don't compare yourself to anyone
else. You don't even look at whether
what you're doing is big or small.*

*You look instead at the quality of your
action and of your experience. Success
is not about dragging yourself across the
finish line or up the mountain.*

- Maria Nemeth, PhD





*Inspiration without action
is merely entertainment.*

- Mary Morrissey





*Faith is a knowledge
within the heart,
beyond the reach of proof.*

- Khalil Gibran





*We all have dreams.
But in order to make dreams
come into reality, it takes
an awful lot of determination,
dedication, self-discipline,
and effort.*

- Jesse Owens





*You have to decide
you want it more
than you are afraid of it.*

- Bill Cosby





*I love tearing things out of the
ground. I love digging and discarding.
I love pruning. In fact, I love
pruning so much that I once gave
myself carpal-tunnel syndrome
because I attacked a trumpet vine
with so much dedication.*

- Susan Orlean





*Think of the problems you
will eliminate by making
many of the decisions
you must make...well in advance.*

- Bob Proctor





*Once you make a decision,
the universe conspires
to make it happen.*

- Ralph Waldo Emerson





Miracles come in moments.

Be ready and willing.

- Wayne Dyer

